Presentation Overview

- This Webinar will overview a multi-tier system of support for prevention, early intervention, and tertiary intervention for emotional and behavior problems of children and youth (i.e. tier one, two, and three).

- Tier One to Two - Classroom and Small Group: The Behavior and Emotional Skill Building Guide for BASC-3 includes scripts, activities, talking points, discussion groups, and guided group sessions.

- Tier Two to Three - Group and Individualized: The BASC-3 Intervention Guide is a comprehensive collection of step by step programming for evidence based interventions derived from the professional literature of education, psychology, and medicine.

- Evidence Based Support: Parent Guides provide knowledge, skills, strategies, and communication forms in common areas of emotional and behavioral concerns providing education, strategies, and paper communication forms for families and schools or clinics.

- Fidelity of Implementation Checklists are paper-forms to monitor intervention use and student responsiveness.
A MULTI-TIER SYSTEM OF SUPPORT

Intervention Guide
- 78 step by step interventions by problem type

Skill Builder Lesson Plans

Skill Builder Brief Activities

Skill Builder Small Group Guides
- 8 group guides plus opening session, w/ English and Spanish parent forms

Skill Builder School-Wide Expectations

Skill Builder Lesson Plans
- 40 Scripted Lessons for skill building

Skill Builder Small Group Guides

36 discussion starters, activities, roll play and “take it further” ideas (9-week curriculum)

IMPROVED OUTCOMES ARE SEEN WITH EVIDENCE BASED PRACTICES

Professional Expertise

Best Research Evidence

Values and Expectations

*I am the first author on all BASC-3 Intervention Products. Please use your professional judgement in evaluating a best fit approach for the needs of your students or clients.
DEVELOPMENT: WHERE DID THIS COME FROM?

- PROFESSIONAL EXPERTISE — The independent and collective educator, clinician and school psychologist experiences of three authors across many states and countries spanning 30-40 years each.

- BEST RESEARCH EVIDENCE — This work is unparalleled in the accessible summarized research evidence provided to you for your own decision making or to support your work and help you defend practice choices.
  - A comprehensive review of the intervention literature across disciplines of education, psychology, medicine, counseling and allied fields from earliest publications through 2015.
  - Studies include experimental manipulations of independent variables and dependent variables of child and youth behavior.
  - Common steps and elements were combined, then translated for use in school and clinic settings.

- VALUES and EXPECTATIONS - High Social Validity and practicality was important to us.
  - Interventions were grouped by problem type.
  - Supplemental materials provide easy-to-use solutions.
  - Program guides and practice suggestions are grounded in implementation science.

BASC-3 Intervention Guide & Materials
NOTES:

Materials are available:
- PRINT
- ONLINE/SCORING REPORTS
- AS COMPONENTS of REVIEW 360

BEHAVIORAL AND EMOTIONAL SKILL BUILDING GUIDE
Behavior and Emotional Skill Building Guide

- Administrative Overview
  - Implementation Timeline
  - How to suggestions
  - Content for professional development
  - Features of positive learning environments
  - School wide expectations aligned with SEL

- Tier 1 Activities for Skill Building (5-7 min)
  - 36 Lessons - Nine units of 4 lessons each built on Respect, Problem Solving, Self-Advocacy and Citizenship

- Tier 1 or 2 - Instructional Strategies for Skill Building (15-30 Min)
  - 40 Lessons for Intervention Training
  - Indications, Descriptions, Basic Steps, Examples

- Tier 2 - Small Group Session Guides (15-45 min)
  - 8 sessions for teaching skills in small groups
  - Forms in English and Spanish

HOW TO USE THE INTERVENTION MATERIALS

➢ Follow the model in the behavioral and emotional skill building guide may be used by leadership teams to build PBIS or multi tier models on school campuses.
HOW TO USE THE INTERVENTION MATERIALS

- Suggested time line provided

BUILD BUY-IN THROUGH PROFESSIONAL DEVELOPMENT IDEAS
School Wide Expectations Align to CASEL Social Emotional Learning Standards.

<table>
<thead>
<tr>
<th>CASEL Social Emotional Learning Standards</th>
<th>Self-Awareness</th>
<th>Self-Management</th>
<th>Social Awareness</th>
<th>Relationship Skills</th>
<th>Responsible Decision Making</th>
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</thead>
<tbody>
<tr>
<td>School Wide Expectations</td>
<td></td>
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<td></td>
<td></td>
<td></td>
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<tr>
<td>I respect myself and others</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
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<tr>
<td>I am a problem solver</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
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<tr>
<td>I know when to help and when to ask for help</td>
<td>X</td>
<td>X</td>
<td>X</td>
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BEHAVIORAL AND EMOTIONAL SKILL BUILDING ACTIVITIES ALIGN SCHOOL WIDE EXPECTATIONS OF RESPECT, PROBLEM SOLVING, AND COOPERATION

<table>
<thead>
<tr>
<th>Academic Problems</th>
<th>Respect</th>
<th>Problem Solving</th>
<th>Cooperation</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>X</td>
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<tr>
<td>Adaptability</td>
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<td>Aggression</td>
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<td>Anxiety</td>
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<td>Attention Problems</td>
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<td>Conduct Problems</td>
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<td>X</td>
<td>X</td>
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<td>Depression</td>
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<td>X</td>
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<td>Functional Communication Problems</td>
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<td>X</td>
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<tr>
<td>Hyperactivity</td>
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<tr>
<td>Social Skills Problems</td>
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<tr>
<td>Somatization</td>
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</tbody>
</table>
CLASSROOM ACTIVITIES INCLUDE

Conversation starters, activities and worksheets, role-play and extension ideas

ACTIVITIES, DIRECT INSTRUCTION LESSONS AND SMALL GROUP GUIDES FOCUS ON TEACHING SKILLS AND BUILDING STRENGTHS
SMALL GROUP GUIDES INCLUDE SCRIPTS AND TAKE HOME MATERIALS IN ENGLISH AND SPANISH

BEHAVIOR INTERVENTION GUIDE
Behavior Intervention Guide

✓ 78 – Interventions across eleven of the most common problems of children and youth.
✓ Step by step procedures (prep–implement–evaluate)
✓ Considerations for practice and troubleshooting.
✓ Elementary and Secondary illustrations.
✓ Annotated bibliographies of research studies.

WHAT IS IN THE GUIDE?

☐ 78 Interventions presented by problem type
☐ THE BASICS - Descriptions of essential concepts, about resources and skills needed
☐ The “PIE” approach
  ☐ PREP – What do I need to get started or use this intervention (training? materials? skill sets?)
  ☐ IMPLEMENT – Step by step directions, examples for elementary and secondary grades, practical suggestions from actual implementers with students.
  ☐ EVALUATE – what do I need to check on to see if this worked? What do I trouble shoot if I’m not sure I got the results I wanted?
AGGRESSION

1. Bully Prevention
2. Child-Centered Play Therapy
3. Classroom Social Dynamics
4. Cognitive Restructuring
5. Counseling Groups
6. Good Behavior Game
7. Incremental Theory Training
8. Mindfulness Training
9. Peer-Mediated Conflict Resolution and Negotiation
10. Problem Solving Training
11. Replacement Behavior Training
12. Social Skills Training
13. Verbal Mediation

CONDUCT PROBLEMS

1. Anger Management Skills Training
2. Independent Group-Oriented Contingency Management
3. Interdependent Group-Oriented Contingency Management
4. Moral Motivation Training
5. Multi-systemic Therapy
6. Parent Training
7. Problem-Solving Training
8. Social Skills Training
HYPERACTIVITY

1. Contingency Management
2. Daily Behavior Report Cards
3. Functional Behavioral Assessments
4. Multimodal Interventions
5. Parent Training
6. Self-Management
7. Task Modification

ATTENTION PROBLEMS

1. Classwide Peer Tutoring
2. Computer-Assisted Instruction
3. Contingency Management
4. Daily Behavior Report Cards
5. Modified Task-Presentation Strategies
6. Multimodal Interventions
7. Parent Training
8. Self-Management
ACADEMIC PROBLEMS

1. Advanced Organizers
2. Cognitive Organizers
3. Instructional Strategies
4. Mnemonics
5. Peer Tutoring
6. Classwide Peer Tutoring
7. Self-Monitoring
8. Self-Instruction
9. Reprocessing Strategies
10. Task Selection Strategies

ANXIETY

1. Cognitive Behavior Therapy Integrated Approach
2. Cognitive Restructuring
3. Contingency Management
4. Exposure-Based Techniques
5. Family Therapy
6. Modeling (live and video)
7. Psychoeducational Approaches
8. Relaxation Training
9. Self-Monitoring and/or Self-Assessment
DEPRESSION

1. Cognitive-Behavioral Therapy
   1. Psychoeducational
   2. Problem-Solving Skills Training
   3. Cognitive Restructuring
   4. Pleasant-Activity Training
   5. Relaxation Training
   6. Self-Management Training
   7. Family Involvement

2. Interpersonal Psychotherapy

ADAPTABLE

1. Behavioral Momentum
2. Cognitive Behavior Management
3. Functional Behavioral Assessment
4. Precorrection
5. Procedural Prompts
6. Self-Management Training
FUNCTIONAL COMMUNICATION

1. Functional Communication Training
2. Milieu Language Training
3. Picture Exchange Communication Systems
4. Pivotal Response Training
5. Video Modeling

SOCIAL SKILLS PROBLEMS

1. Social Skills Training
PARENT TIP SHEETS

Supports professional practice by enhancing communication skills.

Provides support and partnership between home and school.

Includes:
- Brief explanation of the nature and cause of problem behavior
- Suggestions for working with their child
- Three or four corresponding, evidence based strategies appropriate for a home setting.
- Chart to track and monitor progress
- Websites and additional resources for parents and families

DOCUMENTATION CHECKLIST

Maximize intervention effects by supporting full implementation.

Useful for coaching-up strategy use, documenting intervention use for defensibility of practices, and ensuring team efforts are consistent across implementers.
Identify procedures.

Choose the length of the plan and the days of the week (up to three weeks at a time)
BASC-3 Behavior Intervention Guide

- Aimed at the school or clinical psychologist, the BASC-3 Behavior Intervention Guide (yes, the B-I-G one) provides a comprehensive set of empirically-based interventions for a variety of behavioral and emotional problems.
- Like the existing version, the BASC-3 Behavior Intervention Guide is organized around scales included on the BASC-3 TRS, PRS, and SRP forms.

Components include:
- Behavior Intervention Guide (Paper and Digital)
- Parent Tip Sheets
- Documentation Checklist
- Intervention Summary software report for TRS, PRS, and SRP.
BASC-3 BEHAVIOR INTERVENTION GUIDE — WHAT’S NEW?

- Digital offering
- Updated Evidence For Use sections
- Streamlined and enhanced procedural steps for interventions
- Improvements in usability features (e.g., design)
- Additional supporting documentation to ease use of the intervention and increase the fidelity of implementation

BASC-3 BEHAVIORAL AND EMOTIONAL SKILL-BUILDING GUIDE

- Replaces the BASC-2 Classroom Intervention Guides
- Includes strategies for classroom and small-group use
- Groups may be conducted by guidance counselors, psychologists, social workers, interns, and other trained personnel
- Added emphasis on building skills for all students, rather than individualized “interventions” that take too much teacher time
THANK YOU!

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